



Michael R. Milano

January 10, 2018

Michael R. Milano, MD., "Mike," age 78, psychiatrist, poet, and prize winning wine maker, died peacefully Thursday January 11th surrounded by his loving family. He was the beloved husband of 56 years of Patricia, the loving father of Maureen Burgess (Carter), Edmund (Linda), Timothy (Susan), and Sean (Leslie) Milano. The delighted grandfather of Carter, Evelyn, Sara, Allison, Joseph, Raymond, James, and Abigail.

Dr. Milano was born in Whitehall, NY. He graduated magna cum laude from Harvard University, earned his M.D. at Albany Medical College, and his psychiatric training at The Psychiatric Institute of Columbia Presbyterian. He practiced psychiatry in Teaneck for forty six years specializing in family therapy. In addition, he was an amateur wine maker with the label "Vino Nostro" winning many medals and first prize in the Corrado's Amatuer winemaking contest.

He loved poetry and his work had an accessible, understandable quality that people enjoyed. He published three books: "Conversations and Poetry," "Mulberry Doon," and "Milkweed," in which he expressed his thoughts and feelings on everything from becoming a doctor, to falling in love, to being a frustrated athlete.

Friends are invited to gather at Volk Leber Funeral Home, 789 Teaneck Rd., Teaneck, NJ from 4 to 8 pm Sunday, January, 14th. A memorial funeral mass Monday, January 15 at 11 AM at the church of St. Anastasia, 1095 Teaneck Rd, Teaneck, NJ.

Donations in his memory can be made to Englewood Hospital and Medical Center Foundation: EHMC, 350 Engle St., Englewood, NJ 07631.

Cemetery Details

Cedar Lawn Crematory

Corner of Crooks Blvd & McClean Avenue
Paterson, NJ 07503

Previous Events

Memorial Visitation

JAN **14**. 4:00 PM - 8:00 PM (ET)

Teaneck
789 Teaneck Road
Teaneck, NJ 07666
(201) 836-0202
info@volkleber.com
<https://www.volkleber.com>

Memorial Mass

JAN **15**. 11:00 AM (ET)

St. Anastasia RCC
1095 Teaneck Road
Teaneck, NJ 07666

Tribute Wall



“ *Michael R. Milano*

October 08, 2023 at 09:59 PM



“ *Michael R. Milano*

October 08, 2023 at 06:27 PM



“ *Michael R. Milano*

August 30, 2022 at 02:48 PM

CB

“ Dr. Milano was my psychiatrist from 1977 until the day he retired from practice. It is impossible for me to do less than attribute my ability to face life joys and tribulations to the care and "pearls of wisdom" that I received from him.

I will share a notable "bon mot" from Dr. Milano to me.

I was going on about a particularly heinous family occurrence, and what solutions I had tried to come to, and Dr. Milano leaned back and said to me; " Courtney, stop trying to drain the swamp, when you have alligators biting at your heels."

Probably the first notable piece of information he gave me had to do with my children. I was worried about them, then age 5 and 7 after my surgeon husband had left me, and how they were going to be able to deal with suddenly being without their father.

I brought them in to see him. He spent some time with them, and when he was done, I collected them and we went home.

I saw him the next day, and he told me that my children were dealing quite well with their father being gone. The most important thing he said was;

" You have to understand that if your children have a problem, they will tell you about it. If you don't hear them accurately the first time, they will ask you again. Courtney, just listen to your children. when they have a problem, they will let you know. Just listen."

So, I pass on to you, friends and patients of Dr. Milano: "Just listen"
Courtney Bowles-Papatestas

Courtney Bowles-Papatestas - January 22, 2019 at 10:09 PM

JS

Thx for writing about "doc".

I only found out now that he passed...and i too was a patient of his on and off (mostly on;) for many years until the day he retired. He encouraged me to stay in touch. Alas, i only had the nerve to do so way too late;(

Jack Silberman - November 03, 2020 at 01:44 AM

BJ

“ Dear Patricia and Family,
I am so saddened to read of Dr. Milano's passing. He was my doctor for many years and helped me so much with the "burdens of life". He had such empathy and compassion, along with a wonderful sense of humor. I always walked away with a much lighter step! His heart was huge. May you and your family find solace in all the wonderful memories that you hold dear. I know he loved and adored his family. I have often thought of him over the years and still take his voice with me. I am very sad today, however, I am so blessed to have known this incredible man. May God bless you all at this time of enormous loss.
Betty J. Jackling "B. J."
Trent Woods, NC

Betty J. Jackling - February 10, 2018 at 10:10 AM

 Jim
Kircher

“ I knew Dr. Milano for close to 30 years. Simply put, he saved my life. With his passing, we are all lessened. God speed.

Jim Kircher - January 20, 2018 at 12:29 PM

PC

“ Dr. Milano was a warm therapist who made you see things about yourself without making you feel bad. He always built me up and made me understand I had everything I needed within myself. May all his loved ones find some sort of solace and may he rest in peace.

Pamela Colasurdo - January 16, 2018 at 09:17 AM

JT

“ I will miss Micheal R. Milano desperately as he was my instructor, mentor and friend for many years. Due to me being house bound i sadly cannot come and pay my last respects, For it is because of him that i became the therapist that i am today to so many. I offer my love and condolences to patty and his family.



Much Love,
Joyce B. Tretick

Joyce Tretick - January 14, 2018 at 06:29 PM

GB

“ My prayers are with the Milano family. Your loss will be remembered by the many beneficiaries of countless people who were touched by the man.he was one of the great ones . God bless

gene bartley - January 14, 2018 at 08:37 AM

CT

“ Ciporah and Zehev Tadmor purchased the Peaceful White Lilies Basket for the family of Michael R. Milano.



Ciporah and Zehev Tadmor - January 14, 2018 at 03:48 AM

AA

“ Dr. Michael Milano was the most compassionate and caring person you could ever meet in your life. He was a great psychiatrist. Wish more Doctors were more like him. R. I. P.

alice mc ardle - January 13, 2018 at 05:24 PM



“ *Divine Peace Bouquet was purchased for the family of Michael R. Milano.*



January 13, 2018 at 04:09 PM



“ *Stephen & Patrick Sawyer.... Anna ,and Tom Breece purchased the Full Of Love Bouquet for the family of Michael R. Milano.*



Stephen & Patrick Sawyer.... Anna ,and Tom Breece - January 13, 2018 at 03:07 PM



“ *Mary Ellen and I enjoyed Mike and his poetry very much. When I reread "Enjoy the Beach" I found several lines underlined. It was like Mary Ellen was present. Reread "Mandala" and know Mike will never be lonely. Love and condolence to your whole family.
Steve Sawyer*

stephen I. sawyer - January 13, 2018 at 02:59 PM



“ *Please except my deepest sympathy. I can't say enough good things about Dr. Milano, he helped me for over 13 years through very difficult times in my life.*

ANN L LAKE - January 13, 2018 at 02:04 PM

TF

“ *The Keeffes - Arthur, Melonie, and Family purchased the Sentiments of Serenity Spray for the family of Michael R. Milano.*



The Keeffes - Arthur, Melonie, and Family - January 13, 2018
at 11:35 AM



“ *Emerald Garden Basket was purchased for the family of Michael R. Milano.*



January 13, 2018 at 10:47 AM



“ *Peaceful White Lilies Basket was purchased for the family of Michael R. Milano.*



January 13, 2018 at 09:46 AM



“ *Sweet Sincerity was purchased for the family of Michael R. Milano.*



January 13, 2018 at 08:30 AM



“ *Lily and Rose Tribute Spray was purchased for the family of Michael R. Milano.*



January 12, 2018 at 05:14 PM



“ *A Full Life was purchased for the family of Michael R. Milano.*



January 12, 2018 at 03:31 PM